

Spare Rib or Prime Rib?

Genesis 2:21, 22 - ²¹And the LORD God caused a deep sleep to fall upon Adam, and he slept: and he took one of his ribs, and closed up the flesh instead thereof;

²²And the rib, which the LORD God had taken from man, made he a woman, and brought her unto the man.

Do you feel like a prime rib or a spare rib? Now, this is not based upon a preference between pork or beef; it is a thought of the place of importance in your spouse's life. Feeling like a spare rib may or may not have anything to do with a third party. It could be new responsibilities, pressure on the job or a million other things. In this case, it is not based upon being female. Men can feel like a spare rib in the marital relationship as well. If your answer is "yes", then the next question is . . . "What are you going to do about it?"

May we suggest a simple but effective first step towards changing the status quo?
Becoming **P.R.I.M.E.**

P = Purposeful - Become proactive in your approach. Plan a time of discussion with your spouse and attack the problem without attacking your spouse.

R = Reorganize - adjust your schedule to meet the needs of the three stages of "you". **Self**, the physical you; **Spouse**, the other you; and **Spirit**, the real you.

I = Invent - come up with simple but effective activities and strategies that will turn your "ship" around

M = Monitor - Plan short and quick meetings to discuss what is and what is not working. Agree and make those changes immediately.

E = Encourage - Change is scary and resisted in many cases. Stay focused, restate your objectives and press onward!

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PiM

Partners in Marriage